

2023 Camp Keowa Merit Badges and Classes						
	9:00 AM - 9:50 AM	10:00 AM - 10:50 AM	11:00 AM - 11:50 AM	2:00 PM - 2:50 PM	3:00 PM - 3:50 PM	4:00 PM - 4:50 PM
Aquatics	BSA Lifeguard			Kayaking	Small Boat Sailing	
	Swimming	Swimming	Swimming	Swimming	Water Sports	Whitewater
	Lifesaving		Kayaking	Canoeing		
	Water Sports	Water Sports	Motorboating + Rowing	Water Sports		Instructional Swim
	Motorboating + Rowing	Small Boat Sailing			Open Swim and Open Boating	
Scout Skills	Geocaching			Wilderness Survival	Camping	Signs, Signals, and Codes
	Wilderness Survival	Orienteering		Pioneering		Camping
	Signs, Signals, and Codes	Camping	Exploration	Adult Leader Training: Intro to Outdoor Leadership Skills (IOLS)	Geocaching	
First Year Camper	Dan Beard Society (Scouts choose AM or PM only)			Dan Beard Society (Scouts choose AM or PM only)		
Ecology	Soil and Water Conservation	Astronomy	Environmental Science	Environmental Science	Archeology	Weather
	Nature	Space Exploration	Forestry	Reptile and Amphibian Study	Space Exploration	Oceanography
	Geology	Environmental Science				
Thundermarket		Salesmanship			Entrepreneurship	
Field Sports	Fishing	Sports	Personal Fitness	Personal Fitness	Personal Fitness	Fishing
Shooting Sports	Archery		Open Archery	Archery		Bookable Troop Shoot
	Rifle Shooting		Shooting Time (MB participants only)	Rifle Shooting		Bookable Troop Shoot
	Shotgun Shooting			Shotgun Shooting		Bookable Troop Shoot
COPE			Open Climb/Zip	Climbing Merit Badge		Bookable COPE/Zip
Handicrafts	Pulp and Paper + Composite Materials	Painting	Art	Basketry	Art	Basketry
	Basketry	Leatherwork	Leatherwork	Wood Carving	Leatherwork	Indian Lore
Gottcom	Communication	Animation	Journalism	Photography	Game Design	Communication
	Game Design	Chess	Digital Technology	Communications	Public Speaking	Chess
Medical	Public Health	Health Care Professions	Search and Rescue	First Aid		Red Cross certification: "CPR, AED, First Aid" (Youth and Adult) *Weeks 1,4,5,6 only
2 Day Badges	Offered at 4pm					Disability Awareness (Mon+Tues)
						American Heritage (Mon+Tues)
						Scouting Heritage (Wed+Thurs)
						Collections (Wed+Thurs)
Trail to Eagle (Eagle Camp only)	Citizenship in the Nation	Personal Management	Citizenship in the World	Citizenship in the World	Personal Management	Citizenship in the Nation
	Emergency Preparedness	Citizenship in the Community		Family Life	Citizenship in the Community	

2023 Camp Keowa Daily Schedule

Sunday		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Pirate Day	Pajama Breakfast	OA Day Crazy Hat Day	Troop Pride Day	
	6:30 AM		Polar Bear Swim		Polar Bear Swim (by request)		
	7:45	Flags Breakfast Adult Leader meeting after breakfast					7:30-8:30 Continental Breakfast
Check in at office begins at 11am.	9:00-9:50	Merit Badge Program					Turn in campsite inventory and evaluation.
	10:00-10:50	11:00- Adult Leader Program (meet at office)					
	11:00-11:50						
	12:15	Lunch					
	1:00 (Siesta)	SPL Meeting	Catholic Mass	SPL Meeting Adult Leader vs. Staff Softball Game	SPL Meeting OA Service Project	Troop Cookoff	
Medical recheck and swim tests.	2:00-2:50						
	3:00-3:50	Merit Badge Program					
	4:00-4:50						
Set up campsite.	5:00				Interfaith Service		See you next year!
	5:45	Flags Dinner				5:15 Flags Camp BBQ	
Adult Leader Meeting	7:00	Opening Campfire	Spirit Program	Spirit Program	Spirit Program	Closing Campfire	
			Mile Swim Quals	Mile Swim Quals			
Marshmallows with Camp Staff	8:15		Adult Leader Shotgun Shootoff	Wilderness Survival Overnight	OA Ice Cream Social (all invited)		
		Campwide Game	Astronomy MB Star Party				
Taps	10:00 PM	Taps					

2023 Keowa Bookable Program Schedule

Camp Keowa Bookable Program Options

Program	Description	Requirements	Maximum
High COPE	Zipline, climbing tower, other high COPE elements.	Ages 13+	18
Low COPE	Sign up your patrol(s) for an incredible team building experience with our fantastic staff.	n/a	18
Mountain Bikes	Take a short trip out to Eagle Rock or the Tower of Friendship at Lakeside. Or take a longer trip - TMR has 60+ miles of trails.	Two adults 21+ required.	15
Mountain Bike Overnighter	Make your Bike Trek an overnight experience, ending at our Lakeside lean-to site near the Tower of Friendship. Ride back before breakfast in the morning.	Two adults 21+ required.	15
Tubing	Nothing is more exciting than a motorboat pulling you along on a tube at 30 miles an hour. Except doing it on Crystal Lake.	Must be a BSA Swimmer. Must have exactly 4, 5, or 6 people.	6
Troop Shoot - Rifle	Book time on the rifle range. It is possible smaller units may be with another troop.	Ages 12+	25
Troop Shoot - Shotgun	Book time on the shotgun range. It is possible smaller units may be with another troop.	Ages 13+ Cost is \$1 for 2 shots	25
Troop Shoot - Archery	Book time on the archery range. It is possible smaller units may be with another troop.	n/a	16
Availability: All above bookables are available Monday-Friday at 4-5pm and 7-8pm.			

Ten Mile River - Reservation Wide Bookables

Program	Description	Requirements	Maximum	Availability	Location
ATV Riding	Cost: \$30 per person. Participants will learn the safety and handling of an ATV on our practice course. They will then go trail riding in the TMR back country and explore the campsites and buildings of nature-reclaimed abandoned Camp Kernochan.	-Ages 15+ -Must wear long pants -Must complete ATV Safety Institute e-course before camp	6	Mon-Fri 9-12 or 2-5	ATV Outpost
Indian Cliffs	Our 50' natural rock face offers incredible rappelling. Overlooking the Delaware River, it's an experience not to be missed!	-Ages 13+ -Must wear long pants	20	Mon-Fri 9-12 or 2-5	Camp Kunatah
TMR Museum	There is lots to do and see at the TMR Museum . Plan visit as a lunch or dinner BBQ and attend without missing merit badge classes! All scouts earn a free TMR Museum patch.	n/a	n/a	Mon-Fri 12pm or 6pm	TMR Headquarters

Transportation: Units must be able to provide transportation to these outposts. It is possible to hike to the ATV outpost from Keowa.

Required: All units must submit a [High Adventure Roster](#) to participate in any of the above activities.

Full Day Excursions

Program	Description	Cost	Information	Availability
Delaware River whitewater trip	Provided by Lander's River Trips. Participants choose between canoes, kayaks, and rafts.	\$34 per person (includes bagged lunch)	-Must be a BSA Swimmer -Transportation provided by Lander's	Friday
Horseback Riding Merit Badge	Provided by Rolling Stone Ranch. Spend the day learning to ride and care for a horse, and earn Horsemanship Merit Badge! Sessions usually last from 9-3pm depending on group size.	Varies.	Unit books directly with ranch. Please navigate to RollingStoneRanch.com .	You choose the day based on ranch availability.

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Adult Leader Program Schedule					
	Monday	Tuesday	Wednesday	Thursday	Friday
8:45 AM	Adult Leader Meetings at the office				
11:00 AM	Archery	Tubing/Waterski	Rifle Shoot	Rowboat fishing	COPE/Climbing
1:00 PM			Adult Leader vs Staff Softball		Troop Cookoff
2:00 PM	Introduction to Outdoor Leader Skills (IOLS)				
3:00 PM	Adult Leader Social Hour		Adult Leader Social Hour		Adult Leader Social Hour
4:00 PM	Red Cross - "AED, CPR, First Aid" Certification				
7:00 PM		Adult Leader Shotgun Shootout	Caveman Golf	Patch Trading	

Updated 3/10/23

Ten Mile River Scout Camps
Camp Keowa
Merit Badge Prerequisites 2023

Please complete all prerequisites before arriving.

Badge	Prerequisite	Age Req.	Notes
American Heritage	3c		3c- Bring your research to camp
Animation			
Archeology	7c		7c- Bring your list to camp
Archery			
Art			
Astronomy			
Automotive Maintenance			
Basketry			Additional Trading Post supply fee
BSA Lifeguard	1,2,6	15 years old	1 - Fulfilled by medical on file at camp 2 - Fulfilled by medical on file at camp 6 - Fulfilled by presenting the instructor with the CPR certification card
Camping	8d, 9a, 9b		8d, 9a, 9b - Provide evidence to your counselor upon arrival
Canoeing	2		2 - Completed by passing the BSA Swimmers test
Chess			
Cit in Community	3, 4, 7c		3a- Show evidence of attending meeting 3b- Bring written reflection 4-Bring evidence of interview 7c- Show evidence of 8 hours of volunteering
Cit in Nation	7		7- Bring evidence of your visits/tours
Cit in World			
Climbing	Equipment	13 years old	Scout must wear long pants
Collections	5		5- Bring your collection or photos of your collection
Communications	5		5 - Provide your written report to your counselor upon starting the badge
Composite Materials			
Digital Technology	1		1 - Complete the Cyber Chip prior to arriving
Disability Awareness	2,4		2- Evidence of your visit 4- Visit your school, place of worship, or public exhibit
Emergency Preparedness	1, 2c, 8b		1- Earn First Aid merit badge 2c- Share your family plan with counselor 8b- Show counselor family emergency kit
Entrepreneurship	3		3-Show counselor evidence of interview

Badge	Prerequisite	Age Req.	Notes
Environmental Science			
Exploration			Exploration done at camp
Family Life	3, 5, 6b		3- Show counselor list of chores for 90 days 5- Show evidence of family project 6- Show evidence of family meeting
First Aid	1, 5		1 - Complete rank requirements prior to beginning 5 - Prepare first aid kit prior to arrival
Fishing			
Forestry			
Game Design			
Geocaching			
Geology			
Health Care Professions			
Indian Lore			
Journalism	2a OR 2b		2a or 2b- Show evidence of your visit
Kayaking	2		2 - Completed by passing the BSA Swimmers test
Leatherwork			Additional Trading Post supply fee
Lifesaving	1 and 2		Completed upon arrival at camp at scheduled time. See Aquatics Director for details
Mammal Study			
Motorboating	Ability level	14 years old	Completed by passing the BSA Swimmers test
Nature			
Oceanography			
Orienteering			
Painting			
Personal Fitness	1a,1b, 7 & 8		1a- Met by camp physical 1b- Bring statement of dental examination 7 & 8 - Bring 12-week fitness log
Personal Management	2, 8		2- Prepare and show 13-week budget 8- Prepare and show 7 day schedule
Photography	1a		1a - Complete the Cyber Chip prior to arriving
Pioneering			
Public Health			
Public Speaking			
Pulp and Paper			
Reptile & Amphibian Study	8		8- Complete the observation log
Rifle		12 years old	
Rowing	2		2 - Completed by passing the BSA Swimmers test
Salesmanship	5		5- Bring your cost sheet showing sales

Badge	Prerequisite	Age Req.	Notes
Scouting Heritage			
Search & Rescue	6a		6a- Show evidence of your interview
Shotgun		13 years old	
Signs, Signals and Codes			
Small Boat Sailing	2		2 - Completed by passing the BSA Swimmers test
Soil & Water Conservation			
Space Exploration			Additional Trading Post supply fee
Sports	4, 5		4 - Training log/chart must be presented to counselor 5 - Proof of participation should be provided
Swimming	2		2 - Completed by passing the BSA Swimmers test
Water Sports	3	13 years old	3 - Completed by passing the BSA Swimmers test
Weather			
Wilderness Survival	5		5 - assemble your kit prior to arrival; show counselor
Whitewater	3		3- Earn Canoeing or Kayaking MB Participate in Friday's whitewater trip. Cost is \$34 per person Pass BSA Swimmer test upon arrival
Wood Carving	2a		2a - Earn your Totin' Chip. Present the card to your MB counselor