**Scout Checklist – Items to Bring to Camp**

This is only a suggested list. Check it carefully, and change it as you see fit, and make copies for all your Scouts. All items should be labeled with the Scout’s name.

*Remember to have your Scouts and leaders place their towels and swim trunks on the top of their packs.* They will be needed these early on Sunday for to take the swim test.

**The following are musts:**

- Completed, current medical form
- Prescribed medications (to be given to the Scoutmaster; medications will be held by the camp nurse; see page 12)
- Water bottle
- Waterproof footwear
- Comfortable, broken-in hiking boots
- Extra shoes (old sneakers)
- Complete summer uniform
- Clothing bag containing
  - Athletic socks (1 pair/day)
  - Scout socks (2-3 pair/week)
  - T-shirts
  - Undershorts (1 for each day)
  - Extra shorts
  - Extra shirts
  - Jeans or other long pants
  - Pajamas or sweat suit
  - Compression shorts or athletic supporter
- Sleeping bag or 3 blankets
- Poncho or raincoat
- Swim trunks *(No cut-off jeans)* *
- Towels
- Toilet kit containing
  - Soap in plastic container
  - Shampoo
  - Toothbrush and toothpaste
  - Comb and brush
  - Metal mirror
  - Toenail clipper
  - Tissues
- Warm sweater or jacket
- Insect repellent (lotion, not spray) †
- Flashlight and extra batteries †
- Scout Handbook †
- Scout knife *(No sheath knives)* †
- Props for troop or patrol skits

**Optional, but recommended:**

- Pillow or air pillow
- Air mattress or pad
- Compass †
- Backpack
- Laundry bag
- Sunglasses
- Fishing tackle
- Clothing sewing kit
- Bible or prayer book
- Inexpensive or disposable camera
- Notebook and pen or pencil
- Canteen †
- Individual first aid kit †
- Merit badge pamphlets †
- Ground cloth
- Extra flashlight bulb
- Wrist watch
- Utensils for troop cookouts
- Spending money (recommended $40/week)

**Please leave at home:**

- Large or expensive radios or other electronics
- Computer games
- Televisions
- Valuable collectibles
- Guns, rifles, shotguns, bows and arrows
- Valuable cameras, jewelry, etc.
- Fireworks
- Pets
- Sheath or survival knives
- Aerosol cans
- Anything that would distract from the Scouting atmosphere that should prevail at camp

† Also available at the Trading Post
* No grommets if attending Aquehonga
Troop Equipment Checklist

This equipment list is meant to serve as a general guide for your troop. “Did I think about this?” Use your own discretion in choosing what to take and what to leave.

- Medical forms for each Scout and leader (Signed by doctor and parent or self if an adult)
- Troop Roster (names, addresses, phone numbers, ranks, etc.)
- All receipts for camp fees paid to date
- American flag, troop flag, patrol flags
- Troop first aid kit
- Reference books, handbooks, merit badge pamphlets, etc.
- Merit badge cards (optional)
- Patrol duty rosters
- Woods tools (hand axe and saw) - The camp has some tools available for checkout from the Quartermaster
- File, sharpening stone, oil
- Rope, twine and string (bring enough for your needs *)
- Clothesline
- Alarm clock (battery powered)
- Propane lantern, extra mantles, matches
- Camera and spare memory cards
- Game equipment
- Equipment for any special events your troop has planned, and props for skits/camp-wide activities
- Cooking and dishwashing equipment and supplies for cookouts
- Trail tents if needed
- Trail cooking equipment
- Troop advancement schedules

The camp will provide in each campsite:

- Cots for each person
- Picnic table
- Tarp shelter for each 10 people, whenever possible
- Latrine
- Quartermaster’s issue: toilet paper, pine cleaner, scrub brush, bucket and broom

* The camp will provide rope for projects associated with merit badge work only. If you plan a troop project, bring ample supplies with you.
Leader's Pre-Camp Checklist

Check off this list as you complete each task as part of your planning.

- Working with your troop committee, recruit and train assistant camp leaders.
- Schedule a Troop’s Parents’ night for camp promotion.
- Complete a roster of all Scouts and adults going to camp in the on-line system. Do you have all the last minute ones?
- Names, addresses and phone numbers of all parents plus where they can be reached in an emergency. (If they will be away during camp, get the details.)
- Health and medical record forms for each Scout and leader. No Scout or adult may register or remain in camp without one. Medical forms need all immunization dates and parent and doctor signatures. See the section on "Health and Medical Exam Policy and Procedures" on page 12.
- All transportation arrangements made – coming and going.
- Troop camping and program equipment (including tarps and troop and American flags).
- Each Scout is properly equipped. (See checklist on page 32. Have an equipment check just before camp. Discourage Scouts from being over-equipped.)
- All pre-camp program planning is completed and leader has necessary information and records: Scout advancement goals, troop analysis. (Which youth leaders are going to camp, number of patrols, who cannot swim, etc.?)
- Camping patrols have elected their leaders.
- All parents aware of plans: date, time and place of departure, return date, time and place of arrival, mailing and phone information, visiting day rules, etc.
- All Scouts and leaders properly uniformed. (Have summer uniform inspection at a troop meeting before camp).
- Leader has sufficient funds for troop purchases. (Hudson Valley Council unit accounts are not used at camp.)
- Troop First Aid Kit in good condition and ready to go.
- All tent assignments made on patrol basis. (Plan on 2-man tents).
- Troop Senior Patrol Leader (or elected camp SPL) will be in camp.
- Balance of all fees paid.
- Troop committee has contacted parents of all Scouts not signed up for camp.
- Final troop leaders’ meeting; last minute program changes and updates.

All papers ready:
- Properly completed medical form for each Scout and leader
- Roster from on-line registration site
- Plans and notes for troop program
- Scouts’ advancement goals
Getting To Camp

Vehicles

All vehicles used to transport youth and leaders to camp, from camp, and during camp must have adequate seating and individual seat belts for the driver and all passengers.

Vehicle Insurance

All vehicles must be covered by a public liability and property insurance policy. The amount of this coverage must meet or exceed the insurance required by the state in which the vehicle is registered. For your protection, we suggest that you carry the following insurance coverage:

- Passenger cars, station wagons or trucks:
  - Public Liability: $50,000/$100,000 Minimum; $100,000/$300,000 Recommended
  - Property Damage: $50,000

- Any vehicle carrying ten or more passengers is required to have limits of:
  - Public Liability: $100,000/$300,000 Minimum; $100,000/$500,000 Recommended
  - Property Damage: $100,000

For rental vehicles, it may be possible to meet the required coverage limits by combining the personal coverage carried by the driver with coverage carried by the owner of the rental vehicle.

By Troop Bus

Some troops charter a bus or use their sponsor’s bus. If you plan to do so, be sure to check the mechanical condition of the bus, the driver’s credentials and the status and amount of insurance. All too often, troops making this arrangement waste time and money, only to arrive at camp late. Your best bet is to deal with a reputable commercial firm.

Reminder

- Everybody must travel in a seat that has a seatbelt and the seatbelts must be used.
- Nobody may be transported in the backs of trucks.
**Travel Directions**

**Coming from New York City**

**Via the Palisades Interstate Parkway**

Travel to and take the *Upper level* of the George Washington Bridge (I-95 west). On the New Jersey side take the first exit on your right onto the Palisades Parkway going North.

Go North for 35 miles to exit 18, Route 6. Bear left onto Route 6 at the fork. Travel half way around the traffic circle and continue on Route 6 West for 6 miles to Route 17 West. Take Route 17 West for 44 miles. Continue at “Directions from Monticello” below.

**Via the New York State Thruway**

Take the Major Deegan Expressway (I-87 North). This becomes the New York State Thruway and crosses the Tappan Zee Bridge to Suffern. The Thruway continues north as I-87. Get off the Thruway at Exit #16 (Route 17). Take Route 17 West for 44 miles. Continue at “Directions from Monticello” below.

**Directions from Monticello**

Get off Route 17 West at exit 104 (Monticello Raceway/17B). Follow the signs on the exit ramp for Route 17B West. Take 17B West for 6.7 miles to the traffic light at White Lake. Continue past the traffic light 0.7 miles and make a left turn onto Route 55 West.

Follow Route 55 West for 4.2 miles to the Ten Mile River Camp cut off road on your right; this is County Route 26 (Crystal Lake Road). It is marked Ten Mile River Scout camps and Camp Sternberg. Turn right and follow the Ten Mile River signs to your camp.

**Note:** Route 17B is the last time you can get gas before camp!

**Coming from New Jersey and Eastern Pennsylvania**

If you are near either I-287 or the Garden State Parkway, take it North to I-87, the New York State Thruway. Get off the Thruway at Exit #16 (Route 17). Take Route 17 West for 44 miles. Continue at “Directions from Monticello” above.

If you are near either Routes 206 or 23, travel North to Port Jervis. At Port Jervis, take Route 97 going Northwest. Travel on 97 to Route 21, just past Barryville. Take 21 to Yulan and pick up Route 22, which runs into Route 23. Travel on 23 to Route 26; you will see a large Ten Mile River Scout Reservation sign. Turn right on 26 and go about 0.5 miles to TMR Headquarters.

**Via GPS-based Navigation System**

TMR Headquarters is at 1481 Crystal Lake Road, Narrowsburg, NY 12764. When you get near TMR, look for signs for your camp (Aquehonga, Keowa, Ranachqua or Lakeside at Family Camp).
Greater New York Councils
Boy Scouts of America
TEN MILE RIVER SCOUT CAMPS
Narrowsburg, N.Y.